



The QuickFix Learning Hub

PROMOTING FIRST AID AND HEALTH EDUCATION

WHO WE ARE

THOUSANDS of lives are LOST in Kenya every year due to a lack of basic First Aid knowledge.

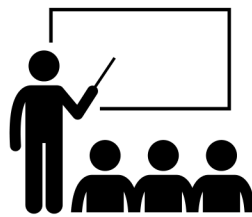
The Quick Fix Learning Hub is committed to changing this. Through First Aid and essential health education, we empower communities with the knowledge and skills to respond to medical and injury emergencies, potentially saving lives as they seek advanced help.

Knowing what to do in the early moments after a Sudden Cardiac Arrest, Stroke, when an infant is Choking and injury emergencies due to severe bleeding can mean the difference between LIFE and DEATH



KNOWLEDGE DEVELOPMENT

Ensuring high quality evidence - based first aid and health education is conveniently available to everyone



TRAINING

We curate educational content and resources on our focus subjects



RESEARCH

Conducting data - driven analysis to promote inclusivity among disadvantaged groups in accessing first aid and health information

HISTORICAL TIMELINE

How It all Started

JULY 2023

The Quick Fix Learning Hub was founded by a group of Kenyan First Aid & Health educators to reduce preventable deaths by enhancing access to First Aid education



First Class

August 2023

Our maiden First Aid & Basic Life Support Classes were held with 22 individuals certified in First Aid and 8 on Basic Life Support



Kasarani CSR Project

March 2024

We undertook a CSR First Aid skills training in collaboration with the Youth Initiative for Development Program and Emergency Medicine Kenya Foundation



161



Footballers trained across 5 wards in Kasarani constituency

Newsletter Launch

March 2024

The first edition of the QuickFix! monthly newsletter launched



Ongoing Projects

March 2024

We are expanding and carrying out research projects to increase First Aid reach



- **SAVING Lives Training (SALT):** Reducing deaths in Rural Kenya
- First Aid in Special needs



3,000+

LIVES ARE LOST

on Kenyan Roads every year.

With proper First Aid skills, we could potentially reduce this number by 33%

407+ First Aiders certified



14+

Webinars Hosted



21+

Pocket guides issued



1+

CSR Project done



37+

Medics trained in BLS

SALT

SAVING LIVES TOGETHER

PROMOTING FIRST AID EDUCATION IN RURAL KENYA

Certified courses

FIRST AID & CPR
COURSE

You will learn;

- What to do in case of injury emergencies
- What to do in case of medical emergencies
- First Aid for environmental emergencies
- Cardiopulmonary Resuscitation (CPR)



OCCUPATIONAL
FIRST AID COURSE

You will learn;

- What to do in case of injury emergencies
- What to do in case of medical emergencies
- First Aid for environmental emergencies
- Cardiopulmonary Resuscitation (CPR)



Customized First Aid Courses

SPORTS
FIRST AID COURSE

You will learn;

- Common injuries across different sports
- Bone, Muscle & Joint injuries
- Communication & Casualty care
- Airway, Breathing & Circulation emergencies
- Contents of a First Aid Kit
- Evacuation and transportation



FIRST AID IN CONFLICT
& VIOLENT SITUATIONS

You will learn;

- Assessing the unresponsive patient
- Injury prevention and management
- Personal and scene safety
- Environmental emergencies
- Head to toe survey - rapid & detailed
- Bleeding & Shock
- Respiratory & Cardiac arrest
- Evacuation and transportation



WILDERNESS
& REMOTE FIRST AID

You will learn;

- Planning, Prevention & Situational awareness
- Airway, Breathing & Circulation emergencies
- Injury prevention & management
- Medical emergencies
- Environmental emergencies
- Evacuation and transportation



INFANT & CHILD
FIRST AID COURSE

You will learn;

- CPR for Infants and Children:
- What to do if your baby is choking
- First Aid for common illnesses in children
- Injury emergencies - Falls, Burns, minor and major Cuts
- Ensuring children safety



BASIC LIFE SUPPORT
COURSE

You will learn;

- Assessing the unresponsive patient
- Airway management
- Ventilation and use of a BVM
- High Quality CPR
- Adult, infant & child resuscitation
- Respiratory & Cardiac arrest
- Use of an AED in resuscitation
- Opioid overdoses



ACCREDITATION



Training Site

The Quick Fix Learning Hub Limited
Training Site ID : TS58063

1770 Nairobi Nairobi Kenya

Disciplines

BLS , Heartsaver



Contact Info



Training Site Name

The Quick Fix Learning Hub Limited

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The QuickFix Learning Hub

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